

IMPORTANT CONTACT INFORMATION FOR YOUR BENEFITS

Contact	Questions Regarding	Telephone Number	E-mail address	Website
Employee Benefits Unit	Questions concerning eligibility for coverage: • Change in Contact information • Adding or removing dependents • Disabled Dependents • Medicare eligibility at 65 or disability • Health Benefit Card • Understanding your benefits • Benefit Booklet	631-853-4866 or your appropriate EBU Contact listed below	ebu@suffolkcountyny.gov	www.emhp.org
Employee Benefits Contact list	If your last name begins with the letters:	Office Phone #	Contact	ebu@suffolkcountyny.gov
	A, B, C	631-853-4987	Susan Sheldrick	Susan.Sheldrick@suffolkcountyny.gov
		631 853-5095	Michele Bo-Belson	Michele.Bo@suffolkcountyny.gov
	D, E, F, G	631 853-4771	Kristin Glaser	Kristin.Glaser2@suffolkcountyny.gov
	H, I, J, K, L	631-853-5954	Christine Cantwell	Christine.Cantwell@suffolkcountyny.gov
	T, U, V, W, X, Y, Z	631-853-5310	Courtney Frabizio	Courtney.Frabizio@suffolkcountyny.gov
	M	631 853-6138	Janelle Boucher	Janelle.Boucher@suffolkcountyny.gov
	O, P	631 853-4793	Doreen Hurst	Doreen.Hurst2@suffolkcountyny.gov
	N, Q, R	631 853-8169	Sylvia Rebich	Sylvia.Rebich@suffolkcountyny.gov
	S	631 853-5316	Rose Rettig	Rosemarie.Rettig@suffolkcountyny.gov
NYS Retirement System	Appointment Necessary 330 Motor Parkway, Hauppauge, NY 11788	1-866-805-0990		www.osc.state.ny.us/retire 
Social Security		1-800-772-1213		www.socialsecurity.gov

Contact	Questions Regarding	Telephone Number	E-mail address	Website
Aetna 1/1/2025 (Hospital/Medical/Surgical)	To find an EMHP hospital/medical provider Questions regarding Hospital/Medical/Surgical benefits Questions regarding claims payments	1-833-497-2409		www.aetnaresource.com/n/EMHP 
Employee Medical Health Plan of Suffolk County (EMHP)		631 853-4866		www.emhp.org 
Express Scripts (Prescription Drug – Active & Non-Medicare eligible Retirees)	Questions regarding prescriptions benefits To obtain a list of Preferred Medications To obtain a list of drugs in the Drug Quantity Management Program To obtain a list of Step Therapy Drugs	1-866-340-8996 " " "		www.express-scripts.com 
Express Scripts (Prescription Drug for Medicare Eligible Retirees)	Questions regarding Suffolk County PDP - Medicare D Drug Program	1-800-987-5242		
Optum Behavioral Health (Mental Health & Substance Use Disorder)	For questions regarding Mental Health and Substance Abuse benefits You must pre-certify for all Mental Health/ Substance Abuse benefits To obtain the name of a Mental Health/ Substance Abuse provider	1-800-765-6709 <i>select prompt for Mental Health/ Substance Use Disorder Benefits</i>		www.liveandworkwell.com 